

**PENGARUH BEBAN KERJA DAN STRESS KERJA
TERHADAP KINERJA PERAWAT
(Studi Pada Perawat di IGD RSUD JOMBANG)**

ABSTRAK

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Tujuan penelitian ini adalah untuk menjelaskan pengaruh variabel beban kerja dan stres kerja terhadap kinerja perawat Instalasi Gawat Darurat RSUD Jombang. Pengumpulan data dilakukan dengan penyebaran kuesioner, observasi, wawancara, dan dokumentasi. Jenis penelitian ini verifikatif dengan menggunakan pendekatan kuantitatif serta menggunakan metode explanatory research yang dilaksanakan melalui pengumpulan data dilapangan. Populasi yang dipergunakan yaitu perawat IGD RSUD Jombang yang berjumlah 30 perawat. Teknik pengambilan sampel menggunakan teknik sampel jenuh. Metode analisis data menggunakan uji validitas, uji reliabilitas, uji asumsu klasik, analisis regresi linier berganda, uji hipotesis melalui uji t dan uji koefisien determinasi (R^2). Berdasarkan hasil penelitian menunjukkan bahwa : beban kerja dapat mengatasi kinerja perawat Instalasi Gawat Darurat RSUD Jombang, dan stres kerja dapat diatasi untuk meningkatkan kinerja perawat Instalasi Gawat Darurat RSUD Jombang.

Kata Kunci : Beban Kerja, Stres Kerja, Kinerja Perawat.

EFFECT OF WORKLOAD AND WORK STRESS ON NURSE PERFORMANCE

**(Study on Nurses in the Emergency Room at JOMBANG
Hospital)**

ABSTRACT

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The purpose of this study was to explain the effect of workload and work stress variables on the performance of emergency room nurses at Jombang Hospital. Data was collected by distributing questionnaires, observations, interviews, and documentation. This type of research is verified by using a quantitative approach and using explanatory research methods which are carried out through data collection in the field. The population used were emergency room nurses at Jombang Hospital, which amounted to 30 nurses. The sampling technique used was the saturated sample technique. The data analysis method uses validity test, reliability test, classical assumption test, multiple linear regression analysis, hypothesis testing through t test and coefficient of determination (R^2) test with the help of SPSS Version 22. ER nurses at Jombang Hospital, 2. Work stress can be overcome to improve the performance of ER nurses at Jombang Hospital.

Keywords: Workload, Work Stress, Nurse Performance.