

**PENGARUH KOMPETENSI DAN PELATIHAN TERHADAP KINERJA  
KARYAWAN  
(Studi Kasus Pada Departemen QC Converting PT. Sun Paper Source)**

**ABSTRAK**

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Penelitian ini bertujuan untuk mengetahui pengaruh kompetensi dan pelatihan terhadap kinerja karyawan (studi kasus pada departemen QC Converting PT. Sun Paper Source). Jenis penelitian ini adalah penelitian eksplanatori dengan pendekatan kuantitatif. Populasi yang digunakan sebanyak 35 karyawan. Teknik pengambilan sampel dengan menggunakan sampel jenuh, jenis dan sumber data primer dan data sekunder, metode pengumpulan data dengan cara observasi, angket dan dokumentasi dengan menggunakan uji validitas dan reabilitas serta teknik analisis regresi linier berganda dan pengujian hipotesis dengan uji t. Hasil analisis menunjukkan kompetensi dan pelatihan mampu meningkatkan kinerja karyawan di PT. Sun Paper Source.

**Kata Kunci : Kompetensi, Pelatihan, dan Kinerja Karyawan**

***THE EFFECT OF COMPETENCE AND TRAINING ON THE EMPLOYEE  
PERFORMANCE  
(Case Study of Departmen QC Converting PT. Sun Paper Source)***

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**ABSTRACT**

*This study aims to determine the effect of competence and training on employee performance (a case study of departmen QC Converting PT. Sun Paper Source). This type of research is an explanatory research with a quantitative approach. The population that used as many 35 employees. The technique of sampling by using saturated sample, the types and sources of primary data and secondary data, method of data collection by way of observation, documentation question form, with the use of test validity and reliability as well as technique multiple linear regression analysis and hypothesis testing with test t. Analysis results showed competence able to improve employee performance and training able to employee performance at PT. Sun Paper Source.*

***Kerywords : Competence, Training, and Employee Performance***