

**HE EFFECT OF WORKLOAD ON EMPLOYEE PERFORMANCE  
MEDIATED NURSE'S WORK STRESS AT Dr. WAHIDIN SUDIRO  
HUSODO MOJOKERTO**

**ABSTRAK**

Oleh :

VIRGIAWAN MUTHAKKIR SHAM

**Dosen Pembimbing :**

**Dr. Abdul Rohim, SE., M.Si. CRA**

Penelitian ini bertujuan untuk mengetahui pengaruh beban kerja terhadap kinerja perawat melalui stres kerja di RSUD Dr Wahidin Sudiro Husodo. Penelitian menggunakan pendekatan kuantitatif. Jenis penelitian eksplanasi (*eksplanatory research*). Populasi yang digunakan dalam penelitian ini adalah perawat RSUD Dr Wahidin Sudiro Husodo yaitu sebanyak 236 perawat dengan sampel yang berjumlah 70 perawat. Teknik analisis yang digunakan meliputi uji validitas, uji reliabilitas, analisis deskriptif, analisis SEM dengan menggunakan software WarpPLS 5.0. Hasil penelitian menunjukkan bahwa Beban kerja tidak berkontribusi terhadap kinerja perawat, Beban kerja berkontribusi terhadap peningkatan stres kerja perawat, Stres kerja berkontribusi terhadap penurunan kinerja perawat dan Stres kerja memediasi beban kerja penurunan kinerja perawat

Kata Kunci : beban kerja, kinerja dan stres kerja

**EFFECT OF QUALITY OF WORK LIFE ON EMPLOYEE  
PERFORMANCE WITH JOB SATISFACTION VARIABLE AS A  
MEDIATION VARIABLE**  
**(Study on Dinas Kependudukan dan Pencatatan Sipil Kabupaten Mojokerto)**

**ABSTRACT**

By :

VIRGIAWAN MUTHAKKIR SHAM

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This study aims to determine the effect of workload on nurse performance through work stress at Dr Wahidin Sudiro Husodo General Hospital. The research uses a quantitative approach. This type of research is explanatory (explanatory research). The population used in this study were nurses at Dr Wahidin Sudiro Husodo General Hospital, namely 236 nurses with a sample of 70 nurses. The analytical techniques used include validity test, reliability test, descriptive analysis, SEM analysis using WarpPLS 5.0 software. The results showed that workload did not contribute to nurse performance, workload contributed to increased nurse work stress, work stress contributed to decreased nurse performance and work stress mediated workload decreased nurse performance.

*Keywords: workload, performance and work*

